



**OCCUPATIONAL THERAPY REFERRAL FORM (OTRF)
PERKHIDMATAN TERAPI CARA KERJA
KEMENTERIAN KESIHATAN MALAYSIA**

A. CLIENT INFORMATION

Name

NRIC / ID

Age

Contact Number

B. REFERRAL INFORMATION

Referrer Location
(Ward / Dept / Unit etc.)

Date of Referral

Diagnosis

Contraindication /
Precaution (if any)

C. CLIENT INFORMATION AND SERVICE REQUESTED

D. REFERRER INFORMATION

Signature and stamp:

E. FOR OT UNIT USE

Date received:

Time received:

Date of
appointment:

Signature and stamp:

**This form is only valid for one (1) month from the date of referral*

PANDUAN PENGISIAN BORANG RUJUKAN OCCUPATIONAL THERAPY REFERRAL FORM (OTRF) PERKHIDMATAN TERAPI CARA KERJA, KEMENTERIAN KESIHATAN MALAYSIA

A. CARA PENGISIAN

PERKARA	PENERANGAN
Name	Nama penuh mengikut kad pengenalan / dokumen pengenalan lain.
NRIC / ID	Nombor kad pengenalan / dokumen pengenalan lain.
Age	Umur semasa klien
Contact Number	Nombor telefon klien / keluarga / penjaga yang aktif dan boleh dihubungi.
Referrer Location	Unit / Jabatan / Lokasi Perujuk.
Date of Referral	Tarikh klien dirujuk.
Diagnosis	Diagnosa, kondisi dan maklumat lain yang relevan untuk sesi perawatan.
Contraindication / Precaution	Kontraindikasi / langkah berjaga-jaga yang perlu diberi perhatian (jika ada).
Client Information & Service Requested	Maklumat klien yang relevan dan perkhidmatan terapi cara kerja yang dimohon.
Signature and Stamp (Referrer)	Tandatangan dan cop perujuk.

B. MODALITI PERAWATAN TERAPI CARA KERJA

PERKARA	PENERANGAN
Activities of Daily Living	Modaliti untuk pengurusan diri asas (contoh: <i>bathing, feeding, dressing, toileting etc.</i>)
Instrumental Activities of Daily Living	Modaliti untuk pengurusan diri dalam persekitaran rumah dan komuniti (contoh: <i>meal preparation, financial management, shopping, home management etc.</i>)
Health Management	Modaliti untuk pengurusan kesihatan (contoh: <i>medication management, symptom management etc.</i>)
Rest and Sleep	Modaliti untuk rehat dan tidur (contoh: <i>therapeutic rest, sleep assessment & hygiene etc.</i>)
Education	Modaliti untuk pra-pembelajaran dan pembelajaran (contoh: <i>school readiness, pre-writing and writing training etc.</i>)
Work	Modaliti untuk pra-pekerjaan dan pekerjaan (contoh: <i>work readiness assessment, functional capacity evaluation, work conditioning, work hardening etc.</i>)
Play	Modaliti untuk bermain (contoh: <i>play assessment, play exploration, therapeutic play activities etc.</i>)
Leisure	Modaliti untuk aktiviti riadah (contoh: <i>leisure assessment, indoor and outdoor leisure activities etc.</i>)
Social Participation	Modaliti untuk penglibatan dalam aktiviti sosial (contoh: <i>social skills training, functional group training, group support etc.</i>)
Physical Function	Modaliti untuk kefungsi fizikal (contoh: <i>preparatory physical training for occupational performance i.e., strength training, ROM training, endurance training etc.</i>)
Cognitive & Perceptual Function	Modaliti untuk kefungsi kognitif dan persepsi (contoh: <i>cognitive assessment, memory training, attention training etc.</i>)
Psychological Function	Modaliti untuk psikologikal (contoh: <i>depression, anxiety and stress assessment, stress management, relaxation therapy, coping strategies etc.</i>)
Sensory Function	Modaliti untuk sensori (contoh: <i>pain management, sensory stimulation, sensory desensitization, sensory reeducation etc.</i>)
Patient and Caregiver Education and Training	Pendidikan dan latihan kepada klien dan penjaga (contoh: <i>client care management, home program, carer support group etc.</i>)
Creative Activities	Modaliti untuk aktiviti kreatif (contoh: <i>craft activities, therapeutic art & music activities etc.</i>)
Orientation & Mobility	Modaliti untuk Latihan orientasi dan mobiliti di kalangan klien masalah penglihatan & buta (contoh: <i>sighted guide training, white cane training etc.</i>)
Pre-Driving & Driving	Modaliti untuk pra-pemanduan dan pemanduan (contoh: <i>pre-driving and driving assessment, off-road and on-road training etc.</i>)
Behavioural Management	Modaliti untuk pengurusan tingkahlaku (contoh: <i>healthy habit formation, habit modification, healthy routine education and training, lifestyle modification etc.</i>)
Developmental	Modaliti untuk perkembangan kanak-kanak (contoh: <i>developmental screening and assessment, developmental stimulation etc.</i>)
Sensory Integration	Modaliti untuk integrasi sensori (contoh: <i>sensory profile, sensory processing etc.</i>)
Hand & Upper Extremities	Modaliti untuk kefungsi tangan dan anggota atas (contoh: <i>hand function assessment, hand dexterity training etc.</i>)
Home/School/Work/Community Accessibility	Modaliti untuk aksesibiliti persekitaran klien (contoh: <i>environmental assessment, environmental modification etc.</i>)
Aids and Adaptation	Modaliti untuk peralatan bantuan dan adaptasi (contoh: <i>assistive and adaptive device prescription/fabrication etc.</i>)
Splint and Orthosis	Modaliti untuk splint dan peralatan ortotik (contoh: <i>static splint, dynamic splint etc.</i>)
Compression Therapy	Modaliti untuk terapi tekanan (contoh: <i>scar/edema assessment, pressure garment, stockinette, TED stocking prescription/fabrication etc.</i>)
Wheelchair	Modaliti untuk penggunaan kerusi roda dan peralatan mobiliti lain (contoh: <i>manual and motorized wheelchair, mobility scooter assessment and prescription etc.</i>)
Others (Please state):	Lain-lain (sila nyatakan)