

ANNUAL REPORT 2025

Department of Rehabilitation Medicine, Sarawak General Hospital

(Prepared by Dr. Leong Be Kim, Head of Department & Rehabilitation Physician)

INTRODUCTION

Department of Rehabilitation Medicine at Sarawak General Hospital provides rehabilitation medical services to patients who suffer from physical disabilities. Our services include Neurological Rehabilitation, Amputee Rehabilitation, Spinal Rehabilitation, Cardiac Rehabilitation, Paediatric Rehabilitation, Critical Care Rehabilitation and General Rehabilitation.

OBJECTIVES

1. To improve quality of life for patients who suffer from physical disabilities
2. To reduce the incidence of medical complications among patients who receive rehabilitation medicine treatment
3. To enhance the functioning of rehabilitation medicine patients in order to facilitate the reintegration into community with full potential
4. To manage medical and psycho-social issues among rehabilitation medicine patients
5. To raise public awareness about diseases associated disability issues
6. To increase the number of medical and allied health professionals trained in the management of patients with disabilities

SERVICES PROVIDED

1. Rehabilitation medicine management of hospitalized patients suffering from neurological diseases, spinal cord injury, amputation, cardiac diseases and others.
2. Provide inpatient rehabilitation medicine services at Rehabilitation Medicine Ward and consultation to other departments in the hospital for rehabilitation medicine treatment.
3. Provide outpatient rehabilitation medicine services at Rehabilitation Medicine Clinic.
4. Assist patients in the application of medical equipment such as wheelchairs, prosthesis, suction machine, ripple mattress and others.
5. Assist patients to be registered as "Persons with Disabilities" by Social Welfare Department.
6. Conduct "Family Conference" to discuss the case with the patient's family and provide health-related education.
7. Visiting Clinic at Sarawak Heart Center for Cardiac Rehabilitation Services.
8. Visiting services to major hospitals in Sarawak State which do not have rehabilitation physician.
9. Consultation regarding rehabilitation treatment for non-government organizations which work closely for people with disabilities.
10. Community Outreach Program to provide rehabilitation health screening program at Community Based Rehabilitation Centers around Kuching area.
11. Collaboration with Social Security Organization (SOCISO) for Return to Work Program.

STAFFING

Category of Staff	Total
Rehabilitation Physicians	3
Medical Officers	5
Nursing Sister + Matron	1+1
Staff Nurses	19
Medical Assistants	2
Health Attendants	6

ACHIEVEMENTS

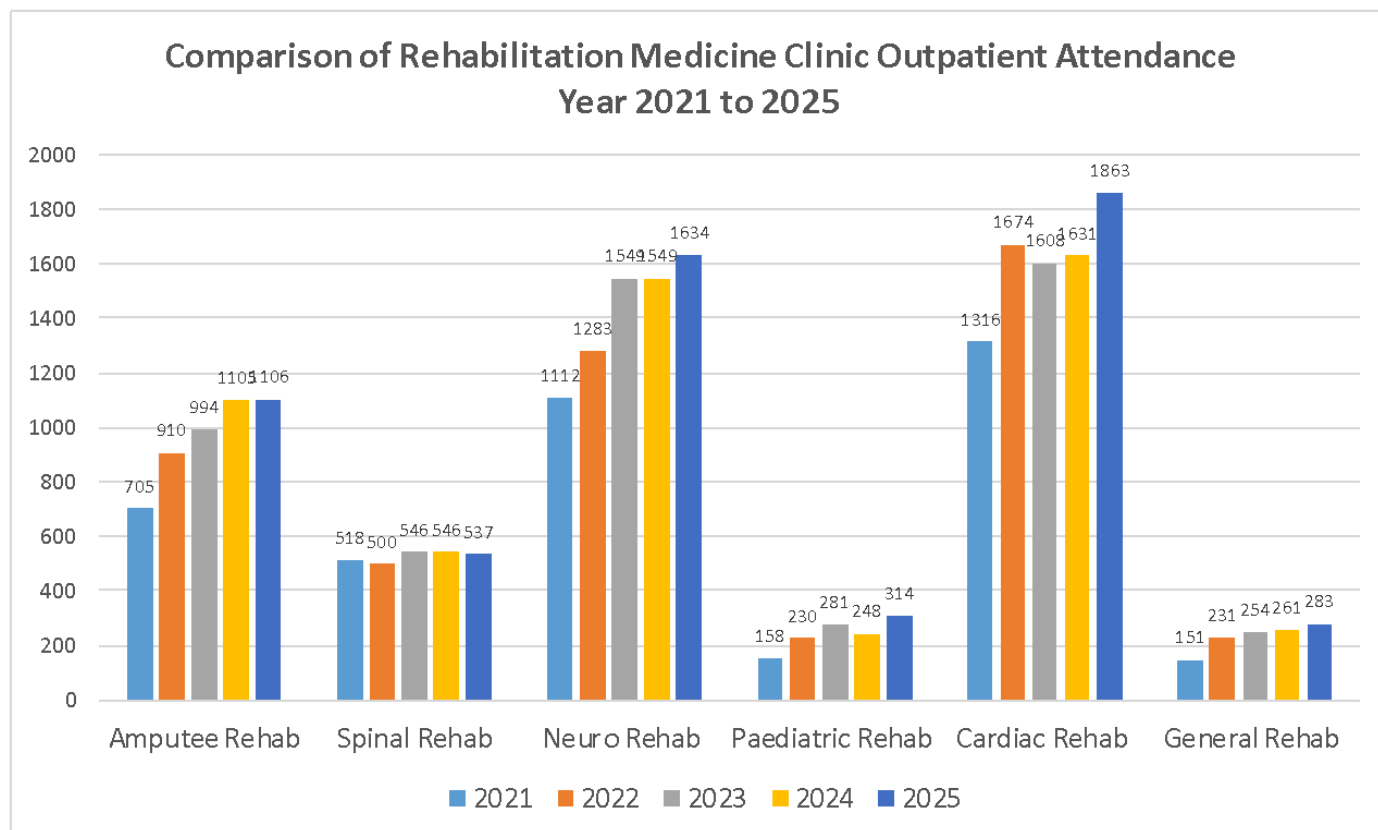
1. Strengthening of specialized rehabilitation medicine services in Hospital Umum Sarawak
2. Provision of comprehensive cardiac rehabilitation program at Sarawak Heart Center

DEPARTMENT ACTIVITIES

Month	Date	Topic	Presenter/PIC
January	15/1/2025	Autonomic Dysreflexia	Hospital Miri - Dr. Chuah Su Yee
	22/1/2025	Case Audit	Dr. Tan Hang Swee
February	12/2/2025	Cardiac Rehab Support Group	CR Staff & Patients
	19/2/2025	Hemiplegic Upper Extremity Rehabilitation	Hospital Sibu - Dr. Nurul Raihana
	26/2/2025	PPRS AGM	PPRS Members
March	5/3/2025	SGH FIT Committee Meeting 1/2025	SGH FIT Committee
	12/3/2025	Department Meeting 1/2025	Rehab Staff
	26/3/2025	Complex Regional Pain Syndrome	Hospital Sibu - Dr. Yong Yu Ying
April	2/4/2025	Gate Control Theory: Electrotherapy	HUS - Dr. Bong Sing Kock
	9/4/2025	Wound Care Update + Neuroaid CPG Mx of Geriatric Hip Fracture	Chong Kwang Yiaw HUS -Dr. Terence Ngui SL
May	6-7/5/2025	SGH ToT Fall Prevention Workshop	SGH FIT Committee
	14/5/2025	PPRS Committee Meeting 1/2025	PPRS Committee Members
	28/5/2025	Literature Search Workshop	Dr. Lai Wei Hong, SGH CRC
June	11/6/2025	Proposal/Protocol Writing Workshop-1	Dr. Lai Wei Hong, SGH CRC
	25/6/2025	SGH FIT Committee Meeting 2/2025	SGH FIT Committee
July	9/7/2025	Department Meeting 2/2025	Rehab Staff
	23/7/2025	Neurologic Music Therapy	HUS - Dr. Davinna Ho Mei Szu
	30/7/2025	Wound care Update- Foam Dressing & Iodosorb	Smith & Nephew -James Sim

August	6/8/2025	SGH FIT Committee Meeting 3/2025	SGH FIT Committee
	13/8/2025	Wound Management Update	Amilia Alcantra
	15/8/2025	Hospital CME- Steps Forward: Rehabilitation after Limb Loss	Dr. Joanna Abraham
	20-23/8/2025	AOCPRM 2025	Sarawak Rehab Delegates
September	3-4/9/2025	SGH FIT – Falls Prevention Workshop	SGH FIT Committee
	10/9/2025	The Mental Health of People with Disabilities Proposal/Protocol Writing Workshop-2	Hospital Sibu Dr. Siew Yang Bin Dr. Lai Wei Hong, SGH CRC
	24/9/2025	Update on Wound Care Management	Norris Ong
October	15/10/2025	Integrative Medicine in Rehabilitation Pain Free Program Accreditation	HUS – Dr. Sriganes HUS - Dr. Shamema
	22/10/2025	Wheelchair Products	Mr Zairul Hakim
	29/10/2025	PPRS Committee Meeting 2/2025	Rehab Staff
November	12/11/2025	Update on Wound Care Management	Mildred
	19/11/2025	SGH Rehabilitation Family Day 2025 Department Meeting 3/2025	Rehab Staff Rehab Staff
	26/11/2025	Foot Care & Orthotics	Tini Mariane
December	3/12/2025	Update on Botox Treatment	Pauline Lee Jia Hui
	17/12/2025	Hemiplegic Shoulder Pain	Hospital Sibu Dr. Nurul Raihana binti Rahum
	24/12/2025	E-Pembelajaran Sektor Awam-Dasar & Governan Malaysia Madani	Rehab Doctors

WORKLOADS



DEPARTMENT HIGHLIGHTS



9th Asia Pacific Conference on Early Mobilization & Rehabilitation for Critical Care Patients (31/5-1/6/2025)



9th AOCPRM 2025 (21-23/8/2025)



Celebration of World Heart Day 2025



Celebration of SGH Rehabilitation Family Day 2025

FUTURE PLAN

Department of Rehabilitation Medicine will continue to provide creative, innovative and meaningful services.