

ANNUAL REPORT 2025
DEPARTMENT: DIETETICS & FOOD SERVICE
HEAD OF DEPARTMENT: PUAN SITI FARRAH BINTI MOHD YAZID

1. INTRODUCTION

Dietetics and Food Service Department is responsible for providing clinical dietetics, food service and health promotion to help the treatment of patients in accordance with the vision and mission of the hospital and the Ministry of Health Malaysia.

2. DEPARTMENT OBJECTIVES

- To ensure Medical Nutrition Therapy (MNT) for oral diet and nutrition support is delivered to patients referred to dietitians.
- To ensure normal and therapeutic diets delivered to in-patients, day care patients, mother accompanying child (MAC) and patients in observation wards are prepared based on orders.
- To ensure food is prepared for doctors-on-call and paramedics according to entitlement.
- To supervise training for practical food service students and internship dietetics clinical students from local institutions.
- To encourage participation in research and quality assurance study for catering and clinical/community dietetics.

3. SERVICE PROVIDED

3.1 Clinical Dietetic Service

Clinical dietetic services are provided for in- and out-patients based on doctors' referral. Dietitians are also involved in community services, talks, workshops and seminars to meet the requirements of different individuals or companies.

3.2 Food Service

Catering service is mainly provided for in-patients. Our department serves a large number of normal diet and therapeutic diets to in-patients. Food will be served based on ward diet order, regulation and patients' entitlement.

4. STAFFING (updated till 31.01.2026)

NO.	POSITION	NUMBER OF STAFFS		
		J	I	K
1	Dietitian (<i>Pegawai Dietetik</i>)	9	7	2
2	Catering Officer (<i>Pegawai Penyediaan Makanan</i>)	1	1	0
3	Assistant Catering Officer (<i>Penolong Pegawai Penyediaan Makanan</i>)	7	6	1
4	Cook (<i>Pembantu Penyediaan Makanan</i>)	45	42	3
5	Administrative Assistant (<i>Pembantu Tadbir Operasi</i>)	1	1	0
TOTAL		63	57	6

5. WORKLOADS

5.1 Ratio Dietitian to Total Patients Seen in Dietetic Services (2023 till 2025)

Year	No. of Dietitians	Total Patients Seen	Ratio Dietitian: Total Cases Seen Per Year
2023	9	8,992	1:999
2024	8	9,295	1: 1,162
2025	7	9,867	1:1,409 ($\Delta+21.3\%$)

5.2 Total Patient Seen by Dietitians from Year 2021 to 2025 (Resident Only)



Overall, there was a 6.2% (n=572) increase in the total number of patients seen by dietitians in 2025

5.3 Total Food Served From Year 2021 to 2025

Year	2022		2023		2024		2025	
	FD	TD	FD	TD	FD	TD	FD	TD
1st class	1216	1492	964	1928	1516	2080	1752	2488
3rd class	291336	516488	398604	634136	530664	702068	494428	725244
Covid Patient	65668	114808	273801	12684	0	0	0	0
Children	178780		152228		Included in 3 rd class category		Included in 3 rd class category	
Mother Accompanying Child	132916		168292		163268		150748	
Daycare	192		670		468		176	
Doctor on Call	62526		67274		76016		81780	
Doctor & Paramedic OT	99756		104188		56837		62863	
Petugas Bencana	20304		0		0		0	
Bilik Gerakan	0		0		0		0	

FD: Full Diet TD: Therapeutic Diet MAC: Mother Accompanying Child

6. ACHIEVEMENTS

- 6.1 HALAL Certificate: from 1st June 2024 until 31st May 2026 (Ref. No. JAKIM.700-2/3/2 075-01/2017)
- 6.2 HACCP and GMP Certification: from 23rd April 2025 until 22nd April 2028 (Cert. No. HA1021051-1/1)
- 6.3 MSQH 4 Star Rating for Services Standard 17C and 22
- 6.4 *Pertandingan Mencipta Logo* 10 Point Sodium organised by NCD Division, MOH – 1st Place (Puan Siti Farrah Zaidah binti Mohd Yazid) and 2nd Runner Up (Mdm. Chan Pei Yong)
- 6.5 Acknowledgment as Industry/Community Advisory Panel for the School of Health Sciences (Dietetic Program), Universiti Sains Malaysia (1st January 2025 till 31st December 2026) – Puan Siti Hajar binti Ismail, Senior Dietitian.
- 6.5 Organised International Dysphagia Diet Standardisation Initiative (IDDSI) Sarawak State on 25th-26th June 2025 at SATT College, Kuching, Sarawak.
- 6.6 Organised Nutrition Approach in Geriatric Workshop: The Challenges for the Golden Years on 17th September 2025 at Skill Lab Kejururawatan, SGH.
- 6.7 Participation in 2025 Sarawak Allied Health Profession Corporate Social Responsibility on 25th October 2025 at East Atrium, Vivacity Megamall, Kuching
- 6.8 Organised “Dietetic and Food Service Department Annual Dinner and Appreciation Night” on 7th November 2024 at Samudra Hotel, Kuching
- 6.9 Organised Bowling and Badminton Tournament, under Kelab Sukan & Rekreasi JDS HUS on 27th August 2025 (Riverside Bowling) and 4th October 2025 (Sentosa Sport Centre)

7. DEPARTMENT ACTIVITIES



Kursus Pemantapan Operasi Perkhidmatan Makanan, SGH on 4th Aug 2025.



2025 JDS Gotong Royong Perdana, 14th Nov 2025



Co - Organised Perhimpunan Bulanan SGH on 3rd March 2025



Majlis Berbuka Puasa dan Majlis Ramah Tamah Aidilfitri 2025



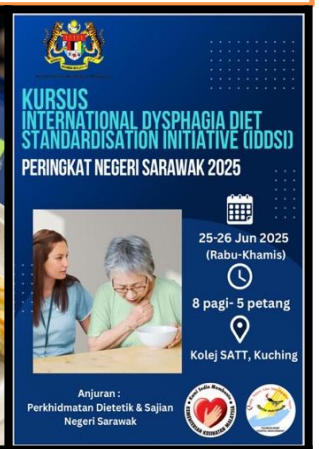
Organised Nutrition Approach in Geriatric Workshop: The Challenges for the Golden Years on 17th September 2025 at Skill Lab Kejururawatan, SGH.



Sarawak Allied Health Profession Corporate Social Responsibility on 25th October 2025 at East Atrium, Vivacity Megamall, Kuching



World Diabetes Day 2025



International Dysphagia Diet Standardisation Initiative (IDDSI) Sarawak State on 25th-26th June 2025 at SATT College, Kuching, Sarawak.



NIKMATI RASA, KURANGKAN GARAM

Pertandingan Mencipta Logo 10 Point Sodium organised by NCD Division, MOH – 1st Place (Puan Siti Farrah Zaidah binti Mohd Yazid) and 2nd Runner Up (Mdm. Chan Pei Yong)

8. CONCLUSION

The department will strive and be committed in developing clinical dietetic service, food service and health promotion to support patient treatment in accordance with the vision and mission of the hospital and Ministry of Health Malaysia.